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SOUTH CAROLINA STATE HOSPITAL

PALMETTO STATE HOSPITAL S. C. STATE HOSPITALS

MAR 23 2006

PINELAND,

STATE DOCUMENTS

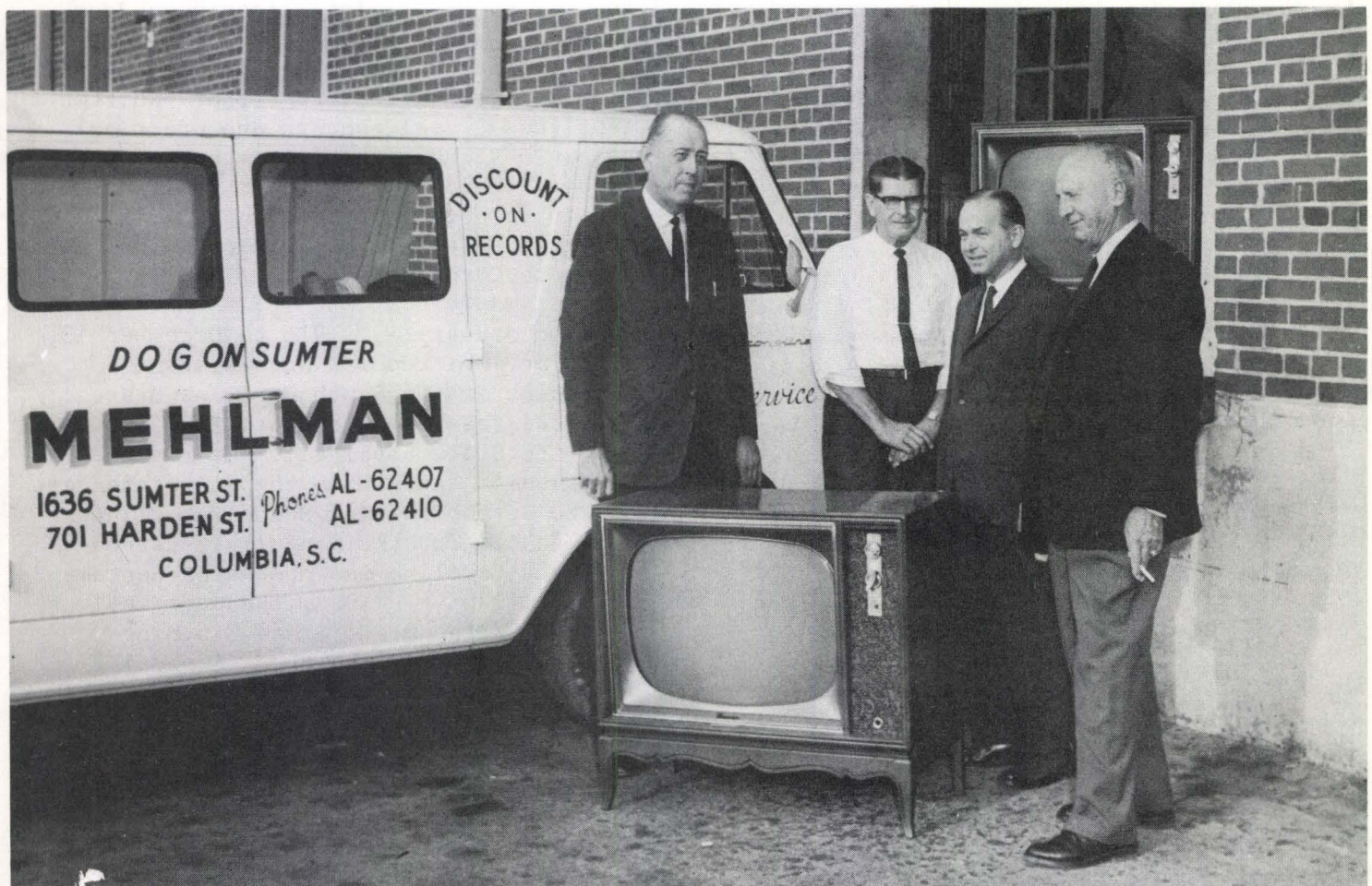
A STATE TRAINING SCHOOL AND HOSPITAL



Vol. 13 No. 11

COLUMBIA, SOUTH CAROLINA

December, 1965



Ralph E. Mehlman (right), President and Lewis C. Black, Vice President, Mehlman Inc., Columbia, S. C., on November 9, 1965 presenting to Dr. William S. Hall, State Commissioner of Mental Health and Superintendent, S. C. State Hospitals, two Magnovox twenty-seven inch screen TV sets for the patients. Next to Dr. Hall is Julian M. Kelly, Chief, Warehousing Section, Department of Mental Health. One TV set was given by Mehlman, Inc., for the S. C. State Hospital and the other for the Palmetto State Hospital.

Photo by Kent Studio

WILLIAM S. HALL, M.D.
STATE COMMISSIONER OF MENTAL HEALTH AND SUPERINTENDENT, STATE HOSPITALS
FRANCES C. SHIMMEL, EDITOR

Sol B. McLendon, M. D.	Advisor
Mrs. Inez N. Fripp	Special Feature Writer
Mrs. Marilyn B. Summers	Typing Supervisor

H O S P I T A L N O T E S

Mrs. Inez N. Fripp

ACTIVITIES OF DR. WILLIAM S. HALL, STATE COMMISSIONER OF MENTAL HEALTH, SUPERINTENDENT, SOUTH CAROLINA AND PALMETTO STATE HOSPITALS - AND - PINELAND, A STATE TRAINING SCHOOL AND HOSPITAL

November 11, 1965, Dr. Hall attended the Board meeting of the S. C. Alcoholic Rehabilitation Program held in the new Rutledge State Office Building, Columbia.

November 12, there was participation in the Governor's Interagency Council on Mental Retardation at the Columbia College.

On Sunday, November 14, in the Chapel of Hope, South Carolina State Hospital, Dr. Hall presented the Certificate of Appointment as Chaplain to the Rev. Burton J. Newman during the impressive installation ceremonies.

Originally from Philadelphia, Penn., Chaplain Newman served as pastor, Low Moor Presbyterian Church, Low Moor, Va., prior to entering the clinical pastoral education program at the S. C. State Hospital in September 1963. He has been acting supervisor of clinical pastoral education since April 1964, and is now a staff chaplain on a permanent basis.

DR. WHITTEN HONORED BY THE PRESBYTERIAN COLLEGE

Hon. C. M. Tucker, Jr., of Pageland, Chairman, S. C. Mental Health Commission, with Mrs. Tucker and Dr. and Mrs. William S. Hall attended the ceremonies in the Belk Auditorium, Presbyterian College, Clinton, S. C., on Sunday, December 5, 1965, when Clinton Hall was dedicated, and Dr. Benjamin Otis Whitten was honored with the presentation of Doctor of Humanities Degree.

The Convocation Honors were a tribute to Dr. Whitten who retired on August 12, 1965 as superintendent of Whitten Village, Clinton, which he organized in 1919.

The address was delivered by Hon. Robert E. McNair, Governor of South Carolina.

Dr. Whitten's life has been and continues to be dedicated to the cause of children in the special group cared for at Whitten Village. This has been the dominating force of his very existence; and his energies, intelligence and compassion have been devoted to their welfare and interests. Throughout the state, and far beyond its borders, Dr. Whitten's gentleness, real concern and practical helpfulness have benefited thousands of his "children" and their families; and it is not surprising that he is referred to as the Dr. Albert Schweitzer of South Carolina.

From January 15, 1916 to December 13, 1918, Dr. Whitten was an assistant physician at the South Carolina State Hospital (assigned to State Park, now Palmetto State Hospital). He resigned to organize and become the superintendent of the State Training School at Clinton. This school for the mentally retarded of South Carolina was opened on September 14, 1920. In 1923, the name was changed to the S. C. State Training School. In 1954, the S. C. General Assembly officially entitled the school Whitten Village, honoring Dr. B. O. Whitten, the first and the only superintendent.

The State Training School opened in 1920 with about 100 "children" cared for in a comparatively small farm house located near Clinton. Today, Whitten Village covers 1,800 acres and there are more than 50 buildings. The resident children now number more than 2,500. From an initial appropriation of \$87,000 in 1919 to a current operating budget of nearly \$3 million, plus a more than \$2 million building program now in progress, is a dramatic summary of over 40 years progress, years long, difficult and

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challenging, but rewarding to Dr. Whitten.

Singlehandedly, Dr. Whitten won the support of a then reluctant State Legislature and an indifferent public. His determination to arouse interest in the welfare of the "children" and to secure things for their welfare are inspirational.

One of the finest accomplishments was securing the cooperation of the alert parents and the organization of the Parents Club, with their club building on the campus.

Dr. B. O. Whitten has retired from active service at Whitten Village, but there is the certainty that he will be close by for guidance, wise counsel and above all, friendliness for trainee and personnel alike.

Truly a great South Carolinian,
Dr. Whitten.

Born on August 12, 1886 "in the country near Pendleton," he was the son of Edward and Martha Douhit Whitten. After completion of grammar school, he educated himself prior to entering the Medical School of Emory University in Atlanta, Georgia. He graduated at the top of his class in 1913 and then practiced his profession in "the rugged country." For a while he practiced in an Oconee County textile community and then in 1916 joined the staff of the S. C. State Hospital, resigning to organize the training school, now Whitten Village.

He married Miss Myra Ballenger of Seneca and they have two daughters and three grandchildren.

GIFT OF TWO TV SETS FROM MEHLMAN'S

On November 9, 1965, R. E. Mehlman, President and Lewis C. Black, Vice President, of Mehlman Inc., Columbia, personally delivered to Dr. William S. Hall two beautiful Magnavox twenty-seven inch screen TV sets for the patients.

One was placed on ward 204, men, at the S. C. State Hospital and the other in Building 13, women, at Palmetto State Hospital.

Sincere gratitude is expressed to Mehlman Inc. for this thoughtfulness which means so much to so many of the patients.

CARILLON PARADE NOVEMBER 25, 1965

Several thousand patients at the S. C. State Hospital had the pleasure of seeing part of the 1965 Carillon Parade on a tour of the hospital campus.

In addition to the always interesting equestrian units, there were five beautiful floats, among them the musical Chapel Bells and the ever welcomed Santa Claus in person.

There is deep appreciation to each one who shared in affording this joy to the patients.

ON TV PROGRAMS

Mrs. Inez Nolan Fripp, Executive Secretary, Department of Mental Health, was on TV twice recently regarding the YWCA Christmas program where she is a Board of Directors' member and chairman, Interclub Council. November 22, 1965, she was on Lois Quattlebaum's WNOK "World of Women"; and on November 23, on Alice Wyman's WIS "Let's Find Out."

S. C. STATE HOSPITAL NURSES' ALUMNI CHRISTMAS PARTY

On the evening of December 9, 1965, the South Carolina State Hospital Nurses' Alumnae enjoyed the annual Christmas party in the stately Mills Building on the hospital campus.

The four parlors were unusually lovely with gilded magnolia leaves, poinsettias, several formal arrangements, choir boys on the piano and a large frosted Christmas tree.

A group of young students from the Columbia Bible College presented a
(Continued on page 4)

(Continued from page 3)

musical rendition of the Christmas story.

On the beautifully decorated table centered with a single tall golden candle were sandwiches, tidbits and fruit cake served with red holiday punch.

Gifts to all the guests from the alumni were distributed by Mrs. Annie Starnes.

Committee chairmen of this delightful party were: service, Miss Beulah L. Gardner; program, Mrs. Annie Starnes, and social, Mrs. Mabel Wilson.

Officers of the alumnae: president, Miss Allie Greene; vice-president, Miss Beulah L. Gardner; secretary, Mrs. Marga Livingston and treasurer, Mrs. Clara Lever.

NEWS AROUND THE WARDS

11A

Lucille M. Cox, Reporter

The regular ward party was held December 6, 1965.

The Jewish Church ladies, including Mrs. Moe Levy, Chairman; Mrs. M. Citron, Mrs. S. Berry, with Mrs. Catherine Gordon, R.N., took us on a bus ride to Shandon Greenhouse. Mr. Doug McGowan showed us through, and we saw different colored poinsettias, chrysanthemums and Christmas begonias. It was a beautiful sight indeed. Each was given a Christmas corsage.

Then we went to McDonald's for hamburgers, French fries and drinks. Candy was passed on the bus.

We visited the new A & P store. We looked it over, and it was really a nice one. Thirty-three patients enjoyed the party.

We want to thank all these nice people for the many nice things they have done for us during our stay in the hospital.



2A

Josephing Allen, Reporter

The Bayview Baptist Church gave 2A a Christmas party the evening of December 14th. The group sang carols and the music of "Here Comes Santa Claus." Everyone closed their eyes and when they opened them a real live Santa Claus appeared.

He distributed to everyone gifts consisting of cosmetics and hard candy. Following this a social hour was enjoyed and coffee and cake were served.

At the end everyone formed a circle and sang "Blest Be the Tie That Binds" followed by a prayer from Santa Claus who proved to be a deacon of the church.

Saunders Building

Helen Bowman, Reporter

Mrs. Helen Bowman spent Thanksgiving day with her sister and brother-in-law, Mr. and Mrs. Fred Daniels on North Trenholm Road.

Mrs. Della Matheny went out with Mr. Francis M. Smith, November 28.

Miss Camilla Rhodus went out with her nephew, Mr. Cleveland Adams, who lives on Tryon Street, Columbia, S. C. Mrs. Annie Hooks and Mrs. Flora Reynolds had a trip to town December 1.

Mr. L. J. Bailey from Greenville called on his wife Carrie to go out in the city Saturday, December 4.

Allan Building

Sarah L. Sapp, Reporter

We have been having nice surprises at Allan Building recently. Dr. Cline of Hickory, North Carolina, showed a film of Hawaii and a film of the Holy Land.

The garden clubs gave us tables decorated with autumn leaves piled high with fruit. Coffee was served and a meeting followed.

We thank them all.

(Continued from Page 4)

North Building - Simmie Furtick, Reporter

Nine members from the Shandon Methodist Church gave the 1st North ladies a very special party November 30. Refreshments consisted of pimento cheese, peanut butter and raisin sandwiches and coffee.

Mrs. Burris and her daughter decorated the ward beautifully. Singing Christmas carols to piano accompaniment was enjoyed by all.

The party was closed by all joining hands and repeating the Lord's prayer.

Several members of the Trinity Methodist Church gave the 2nd North ladies a lovely party November 21.

Refreshments of cookies, Pepsi Cola and Diet Rite Cola were served. The piano was played while all sang. They brought an accordion and played beautiful Christmas carols.

Lieber Building

Lillie M. Mitchell, Reporter

There was a Christmas party at Lieber building on December 15. Many of us were called on to help with the decorations.

The program was as follows: "O Holy Night" by Frances Harley; Reading by Lillie M. Mitchell; "We Three Kings" by Carl Landreaux, George Pipes and Gerald Dubose; Scripture Reading by Betty Jean Harris; Group Singing.

Fruit, nuts and cake were served.

A CLASS IN AMERICAN HISTORY FOR PATIENTS AND STAFF-

Mr. Gary Moore Bostic who holds a Masters degree in History is beginning a class in American History for patients and staff in the William S. Hall Institute on Dec. 2, 1965. This class will run from 4:30 - 5:30 on Monday and Thursday in Conference Room K. Anyone interested is invited to attend.

-T. V. Smith, Psychologist

SOCIAL SERVICE

Marjory J. McLendon, Chief

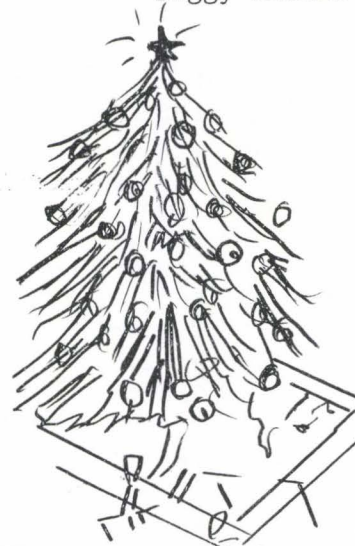
The South Carolina Mental Health Association's annual meeting which was held at the Wade Hampton Hotel on November 3, 1965, was well represented by members of the Social Service Staff.

On November 29, three first year graduate students from the School of Social Work, University of North Carolina, at Chapel Hill, reported to the South Carolina State Hospital to complete their field work placements in the Social Service Department. They will be supervised by Miss Frances Vannoy. Mr. James Stevens, a native of North Carolina, will be assigned to the geriatrics service. Mr. Jack Cole, who is also from North Carolina, and Miss Louise Smith, who is from Norfolk, Virginia, will work on remotivation service with the Leiber Program.

Mrs. Harriet Wyman, Mrs. Cleo Goodwin, and Mr. Dean McDowell attended the Mid-Carolina Council on Alcoholism which met at the Jefferson Hotel on November 30, 1965.

Miss Genever Dodge joined the Social Service Staff as a clerk typist on the Geriatric Service on December 2. She replaced Miss Vonnice DuRant who transferred into the Warehouse Subsection of the Mental Health Commission

-Peggy Daniel



POETRYTHE CHRIST CHILD

Helen Bowman

Now, as of old, we relive the birth
 Depicting the tiny Christ child,
 Nestled in a manger's comfort,
 Sweet, serene and mild.

Gleamed a star in Bethlehem
 Depicting scene's own story,
 Shepherds following in its course
 To honor babe in glory.

Then the wisemen from afar
 Sought the heavenly sign,
 Bearing gifts to lavish child,
 Costly gifts sublime.

Now, we lay a lowly creche
 To reminisce the story,
 All because a little child
 Brought forth fame and glory.

MERRY CHRISTMAS

Pat Fenstemacher

Let's say a toast to the joys
 of Christmas-
 When all our spirits are gay.
 When we laugh and sing and
 rejoice again-
 On this Merry Christmas day.

The fires aglow with its crackling
 sound.
 Lights reflect on the icy ground.
 Children are noisy, excited, but
 good-
 So that Santa will come as
 he said he would.

We all catch the gay mood
 and become very jolly-
 Stand 'neath the mistletoe
 and make wreaths of holly.
 So we give you this toast
 both loud and clear-
 A very Merry Christmas and
 a Happy New Year.

SEASON'S GREETINGS!

Down under the hill we'll not be long,
 But while we're here we will still sing our song.
 Our ladies and gents continue to arrive,
 From the care we give they seem to thrive.
 Working together, that does the trick,
 And many return home real quick!
 We're having a drop-in this Christmas too,
 It's been a custom we always do.
 On December 16th between two-thirty and four
 We'll be pleased to greet you at the door,
 There'll be some refreshments for one and all
 Beneath the holly at Preston Hall!



December 16, 1965

Geriatric Service

2:30 - 4:00

SPEAK GENTLY

David Bates

Speak gently; it is better far
 To rule by love than fear;

Speak gently;
 Let no harsh word mar
 The good we may do here.

"THINK"

Submitted by O. Pete Roberts - Engineering

When you scramble fresh fruits and vegetables together you can get interesting results.

- Farm - A tract of land well covered by mortgages.
- Rounder - The fellow who can't look his wife squarely in the eyes.
- Executive - One who earns his livelihood by the work of other people.
- Snoring - The last of the personal liberties.
- Husband - A man of few words.

- Future - A reality that continually gets shorter and shorter.
- Reformer - One who insists on his conscious being your guide.
- Umpire - A retired base ball player whose sight begins to fail him.
- Indigestion - The failure to adjust a square meal to a round stomach.
- Tragedy - A bride without a can opener.
- Success - Earning more money than your wife can spend.

- Alimony - A man's cash surrender value.
- Naive - A person who thinks you are interested when you ask how he is.
- Detour - The roughest distance between two points.

- Vegetarian - One who hates bull - A friend of the produce man.
- Elephant - A useful animal with a vacuum cleaner in front and a rug beater behind.

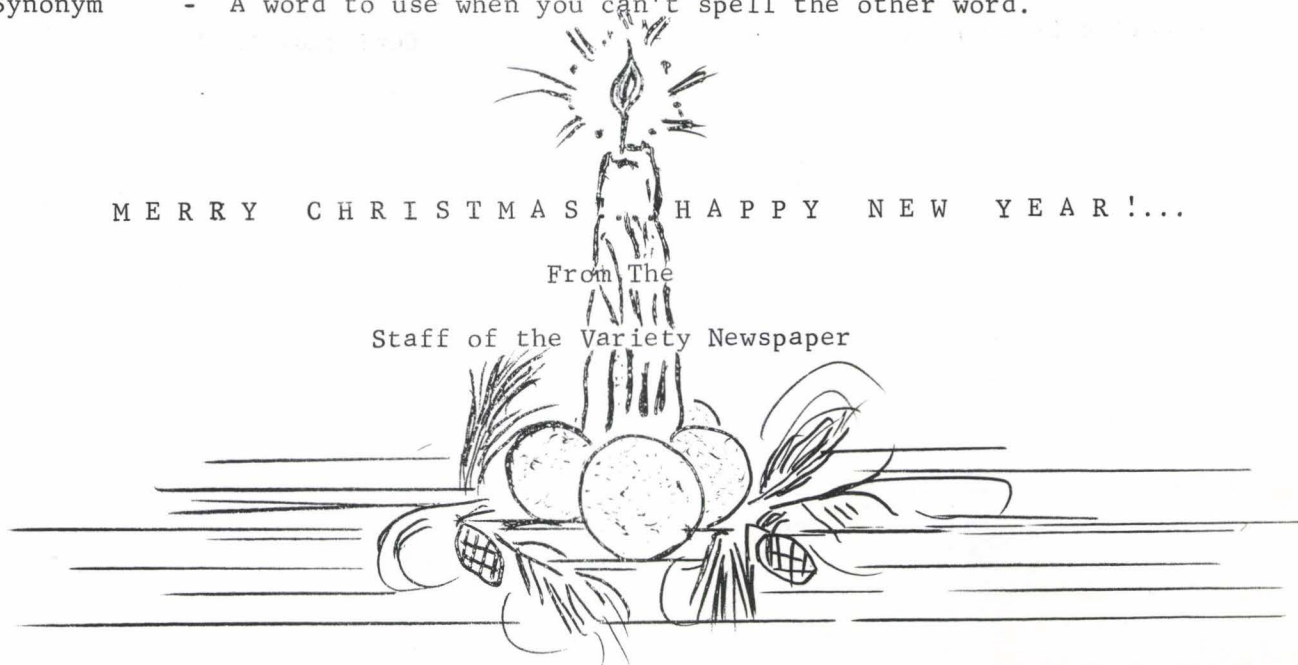
- Grapefruit - The most frequently used eye tonic.
- Education - The only thing a man is willing to pay for and hopes he doesn't get.

- Thinking - The hardest of work.
- Automobile - A machine consisting of many nuts with the biggest often in the driver's seat.
- Block - The distance between some people's ears.
- Lean - What most women hope for.
- Electrician - A man who wires for money.
- Synonym - A word to use when you can't spell the other word.

M E R R Y C H R I S T M A S . . . H A P P Y N E W Y E A R ! . . .

From The

Staff of the Variety Newspaper



F O O D S E R V I C E
Leland E. Crenshaw, Chief

C H R I S T M A S M E N U

December 25, 1965

ROAST YOUNG TOM TURKEY

Buttered Rice

Giblet Gravy

Cornbread Dressing

Green Beans

Candied Sweet Potatoes

Cranberry Sauce

Vegetable Salad

Sweet Mixed Pickles

Fruit Cake

Rolls

Butter

Mixed Nuts

Assorted Fresh Fruit

Christmas Candy

Milk

FOOD SERVICE NEWS

Marguerite Ruff

Many of the Mamas and Daddies in Food Service have already started seeing Santa down town. They are going to be real sure the Christmas shopping is done on time, before the rush on Santa Claus' helpers.

Parents who were not on duty the Saturday of the Christmas parade, were among the thousands there, with their children to see Santa arrive.

There have been many expressions of appreciation for the good food served from our kitchen--especially the grand Thanksgiving dinner. The colorful menu-place mats added to the enjoyment of the meal.

Sympathy is extended to Mrs. Thomas J. Lever in the passing of her grandfather, Henry E. Blackwell recently.

Mrs. Mickie Walker is the proud aunt of a new nephew born at the Fort Jackson Hospital. He has been named Michle Robin Smith. His Mom is Mrs. Walker's sister Laurie (Mrs. C. R.), and his Dad is in Viet Nam.

Mrs. Nellie Smoak accompanied her children's families to Orangeburg to visit with Mrs. Thelma Watson who is ill. Mrs. Watson is mother-in-law of Mrs. Smoak's son.

Mrs. Heilda Plunkett, Jake and Joe spent the weekend in Savannah. Of course the French poodle and the chihuahua had to go too.

Mr. William I. Proctor is still recuperating and vacationing. Hurry and get well, Proctor, and come on back to work!

Mrs. Rhonda Frazier's family came from Savannah for the Thanksgiving holidays. After Mr. Aubrey Andrews and Woodrow Frazier cooked the Thanksgiving turkies for the hospital, Woodrow went home to enjoy Rhonda's Thanksgiving dinner with the whole family and relatives.

Mrs. Annie Grapsity's son, Warren, is back at school, and his leg is healing nicely after his motor-bike accident.

Mrs. Marguerite Ruff's guest for the week, was Mrs. Clayton W. Thomas of Chester, and Mrs. Ruff's sister, Miss Sarah Lou Johnson, for the weekend. Miss Johnson teaches in Chester.

Mr. Charlie Christmas' son, Ronnie, is among the top 25 History major students at the University of South Carolina. He will compete in January for the invitation for two exchange students to Warwick University at Coventry England for the fall semester 1966. Good luck Ronnie!

* * * * *

REHABILITATION SHOP HINTS

DeBruhl J. Cobb

How We Protect Our Forests

For a century after America was discovered little attention was given or needed for the conservation and preservation of our endless Virgin Forests. As a matter of fact these seeming assets were in many instances really liabilities. They served as hideouts for hostile Indians, hampered transportation, and were most difficult to clear for villages and cultivation. The Early Settlers were permitted to go into the vast forest, chopping at will and at random fully aware that their greatest effort would hardly make a dent because of the abundant woodland. Thus careless lumbering multiplied a million fold over many generations was partly responsible for the destruction of countless acres of rich forest growth.

No longer can our present day citizens go out and chop down trees in an unorganized and random fashion. If they did, the greatly increased population of almost 200 million would soon wipe out an already greatly depleted timberland. If, however, logging and sawmilling is done according to modern scientific methods there is little to fear.

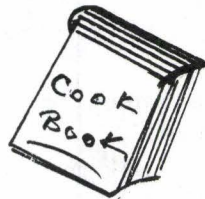
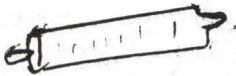
During the administration of President Harrison in 1891 the Yellowstone Natural Park was established and placed under the direction of the United States Forest Service. Since then, in an ever increasing effort by the Government, National and State parks have been acquired in all states. Millions of acres of forest throughout the country are now being protected by this agency. So vast is the system that about one-fourth of our standing timber is thus protected.

Forest rangers entrusted with the protection of our parks perform these among other duties: prevent waste, damage from insects and other enemies of the forest; combat forest fires; select mature, damaged, or undesirable trees for cutting; construct and maintain fire lanes, trails, and roads through the forests; replant seedlings where needed; stop soil erosion by dams, and planting grass and plants; protect and propagate wildlife; raise seedlings for replanting depleted areas; carry on research in developing new and stronger trees and plants; serve as guides and information bureaus in the parks; obtain and record various data concerning inventories of wildlife and yearly growth of the different species of plants and trees. Yes, we should all rejoice that the government (Federal, State, and Local) is making such tremendous efforts to protect our forests from destruction.

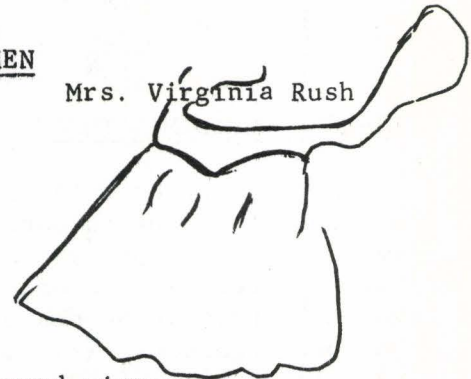
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NEW AROMAS FROM THE HOME ECONOMICS KITCHEN

Mrs. Kathleen Johnson

Sweet Potato Pudding

Mrs. Virginia Rush



3 eggs
3/4 cup sugar
1 cup milk
3 tablespoons butter or margarine, melted
1/2 teaspoon salt
1/2 teaspoon ground cinnamon

1/2 teaspoon ground ginger
1/4 teaspoon ground cloves
2 cups raw sweet potatoes, coarsely grated
2 tablespoons orange rind, grated
1/2 cup walnuts, finely chopped

Beat eggs well. Add sugar, milk, butter, salt, cinnamon, ginger, and cloves; heat until blended. Gradually add to grated sweet potatoes; mix thoroughly. Gently fold in orange rind and walnuts. Pour into buttered 1 1/2 quart casserole; bake in moderate oven (350 degrees) for 1 hour or until pudding is firm. At end of 30 minutes' baking time, stir pudding and bake 30 minutes longer. Serve warm with Eggnog Sauce. Makes 6 to 8 servings.

Eggnog Sauce

2 tablespoons sugar
3 tablespoons flour

1/2 teaspoon salt
2 cups commercial eggnog

Combine sugar, flour, and salt in top of double boiler. Gradually add eggnog and stir until blended. Cook over simmering water until mixture is thickened. Remove from heat. Cool slightly. Chill and serve. Makes 2 1/2 cups sauce.

Chicken Loaf

2 1/2 cups cooked chicken, finely chopped
1/4 cup minced chicken skin
1 cup fine bread crumbs
1/2 cup chopped celery
2 Tablespoons chopped parsley
1/2 teaspoon salt

1/8 teaspoon sage or poultry seasoning
1/8 teaspoon pepper
2 eggs, slightly beaten
1/2 cup chicken stock
3 Tablespoons chicken fat, butter, or margarine

Combine chicken, skin, celery, parsley, and seasoning. Beat eggs and add stock. Melt fat and add bread crumbs.

Combine chicken, eggs, and stock. Mix gently and pour into an oblong casserole or bread pan. Sprinkle with bread crumbs and bake in a preheated oven at 350 degrees F. for 30 minutes. Serves 6.

R E C R E A T I O N

Frances C. Shimmel, R. T. R. Co-ordinator

LIGHTED CHRISTMAS TREES

"Martin Luther's family, some historians say was the first to have a lighted tree. The story goes that while out walking one 16th century winter's night, Luther was so impressed by the glistening snow on the evergreens that when he returned home in Wittenberg, Germany, he put candles on a small tree to show his family what the scene had looked like.

However, it wasn't until the middle of the 19th century that the custom became established in the United States, first in Cleveland, Ohio. About the same time, the custom spilled over the German border first into Finland, then into the Scandinavian countries. The custom never became as universal in Europe as it did in America."

TO REVIVE THE OLD TIME CHRISTMAS SPIRIT

Each year as Christmas approaches the Recreation Department takes orders for trees and Christmas decorations for the entire hospital. This year bags of decorations for 100 trees were packed in the recreation room and the trees were put up and lighted ushering in the holiday season. The fir on the northern side of the Benet was lighted.

CHRISTMAS PROGRAM

The music students of Mrs. Virgil Nations and the Sunday School pupils of Mrs. Mable Jones presented a Christmas program, made up of recitations, poetry, the manger scene, Christmas songs and an Accordion band on Sunday December 5, at 2:30 p.m. Benet Auditorium. The audience sang Christmas carols with the visitors, from song sheets mimeographed for this program by Miss Norma Calloway of the Chaplaincy department.

This was a volunteer service program promoted in cooperation with Recreation.

CHRISTI TRIO AT BENET

The Ray Christi trio played at the Benet Auditorium at 3:00 p.m. Sunday,

December 12.

Ray played piano, Tony Graham, drums and Al Wills the bass violin. Vocals and impersonations were by Rene Webb.

Popular and Latin American music delighted the audience who applauded generously throughout the program.

We thank the group for giving us their final performance before going on the road to play night clubs. They particularly wanted to come to play for us before they left.

THE GIFT OF 'AMAH'

Christmas music was in the air last week with the presentation of Gian Carlo Menotti's "Amahl and the Night Visitors" by Eau Claire Music Club at the Benet Auditorium, December 11, at 5:30 p.m. The production was directed by Mr. Tom Westmoreland. A crowd of 500 attended.

"Amahl" was a Christmas gift to the patients and employees of the hospital. They could not have chosen a finer gift. It was enjoyed immensely by all who came and many favorable comments are still being heard among our people. It was the finest production of its kind ever to be sponsored by Recreation.

Alton Newell sang the role of Amahl in a beautiful and manly fashion and his voice was well worth waiting for after a year in which this Christmas opera could not be given because no suitable Amahl was available.

The role of the mother was sung by Miss Margaret Beth Williamson. Her performance was one of dramatic force and musical beauty.

Kaspar, Balthazar and Melchior were sung respectively by Gerald Floyd, Alvyn Moore and John Hills, who added immeasurably to the enjoyment of this production, particularly the antic portrayal by Floyd. The role of the page, sung by James Ellsworth was handled in the same fine manner.

(Continued on page 13)

(Continued from page 12 - Recreation)

Others in the production were:

Shepherd's Chorus: Barbara Shealy, Geneva Corder, Helen Brabham, Margaret Ready, Leila Ruff, Mary Wunder, Margaret Conder, Leone Barrington, Myrtis Parker, Nancy Jo Strange, Florence Bradford, Robert F. Gray, Ben Cliatt, Ralph E. Hill, Jr., Thomas D. Rivers, Jimmy Hill, Buddy Broome, J. M. Blalock, Jr., Randall McNeal, L. D. Hendrick, William McIver.

The Dancers: Pam Holder and Tommy Lybrand

Musical Director: Thomas H. Westmoreland

Piano Accompanist: Gloria W. Westmoreland

Stage Director: Frank Harris

Choreographer: Calvert-Brodie School of Dance

Lights: Joe Winter

Scenery: John Kirby, Joe Winter

Make up: Mrs. Gene Eaker and the Dramatics Department of Columbia College.

Arrangements for the opera to be presented at the hospital were made by the Eau Claire Music Club and Frances Shimmel, Coordinator of Recreation Service. Mrs. F. Karl Shealy is president of the club.

- Portions of this article were copied from the State-Record - Ed.

CHRISTMAS DANCE

The Christmas dance was held at the Benet Auditorium, December 21, from 7-10 p.m. A large crowd attended.

People from Admission-Exit, Remotivation, and Geriatric Services were invited. Everybody seemed to have a grand time and we all wish to thank those responsible for the excellent dance music.

Music for the occasion was furnished by the Bill Crosby Band from

(Continued on right column)

REGISTRAR DIVISION Mrs. Sybil Glenn, Rpt.

We are happy to have Louise Tensley on our Locator, and Kay McDaniel in the typing pool.

Wedding Bells for the Switchboard again. Our Best Wishes go to Sue Smoak (McVey) also to Joyce McWhorter who helped us so much on the Locator.

We wish to express our deepest sympathy to Mrs. Kathleen Tillis at the loss of her sister, Mrs. Dora Lee Johnson.

Mrs. Gerry Lott who works in our Admitting Office enjoyed a visit with her daughter, son-in-law and two grandchildren who live in Cedar Knolls, New Jersey.

EMPLOYEE NEWS Ruth Thomas

Wedding Bells rang out at a small but lovely wedding for Sue McVey and Jim Smoak on November 26. The wedding took place at the Broad Acres Baptist Church with a reception following at the home of Sue's aunt, Mrs. Myrtle Sharpe. After a short honeymoon trip the couple will reside at 3219 River Drive. Much happiness to them.

Sue is an employee of the Admitting Office.

* * * * *

Local 21, American Federation of Musicians. The grant that provided funds for the music came from Recording Industries Trust Funds, American Federation of Musicians, New York City. The arrangements were made by Mr. Harry G. Ring, Secretary and Projects Chairman, Local 21.



THE RECREATION STAFF
WISHES FOR EACH OF YOU A
JOYOUS CHRISTMAS AND A
PROSPEROUS NEW YEAR.



M U S I C T H E R A P Y
Anne Beall, M. T., Acting Coordinator

The Music Therapy Music Club met for its monthly meeting November 4, in the Forum of the William S. Hall Psychiatric Institute. Miss Barbara McEachern, the president, presided and the meeting was opened with the reciting of the Lord's Prayer. Miss Mary McCandlish, secretary, called the roll and asked if there was anyone who would like to become members of the Club. The following Thanksgiving Program was presented:

"Over the River and Thru the Woods"
Voice Class

"Tales of Vienna Woods".....Duet
Mrs. Beall and
Miss Josephine Allen

"The Robin and the Chicken".....
Mr. C. C. Smith

"Autumn Leaves".....
Miss Josephine Allen,
Accomp. by Mrs. Beall

"Harvest Moon".....Tommy Cannon

"Thanksgiving Prayer"..Voice Class

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E. C. Pressley and Robert Haney, Guitarists, and Bill Graves on piano entertained a group of patients and visitors in the Canteen November 4. Everyone enjoyed an hour of old and new songs. Mrs. Beall, E. C. Pressley and Robert Haney presented a program of piano and guitar music to the patients on Cooper A November 3.

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"The use of music against disease is as old as music itself. In fact, early history of music is intimately associated with healing. The wishful thinking of primitive peoples called

upon magic for assistance, and magic is almost universally associated with words, ~~chan~~ words in rhythmic incantation. Chateaubriand believed that the chant was the offspring of prayers. Among primitive peoples, the medicine-man combined the offices of priest, physician and magician, and although all three functions were closely related, their functions were dissociated on occasion. For instance, there were special songs for the invocation of natural phenomena, for group activities, and for accompaniment of healing rituals. The belief in the efficacy of musical magic is one of the most important facts in the history of civilization."

"Music contributes emotional energy needed to turn dissatisfaction into mental reconstruction. The playing of music arouses associations which stimulate the intellect and if this is sufficient it gives satisfaction and enhances self respect." But, "We must be careful to excite only those activities that will be followed by a feeling of success."

"Many individuals achieve a feeling of self-confidence if they develop hobbies such as music. Learning to play musical instruments may compensate a feeling of inferiority, especially when the individual has ability which he underestimates."

"Music can be a co-operative effort for a wholesome discipline. It tends to break down the sense of isolation so common to mental disease. It assists in adaptation to the mental state."

MUSIC IN MEDICINE

by

Sidney Licht, M. D.

Fellow, New York Academy of Medicine

THE BALLAD OF BEFANA

(An Epiphany Legend)

Befana the Housewife, scrubbing her pane,
Saw three old sages ride down the lane,
Saw three gray travelers pass her door--
Gaspar, Balthazar, Melchoir.

"Where journey you, sirs?" she asked of them.
Balthazar answered, "To Bethlehem,

For we have news of a marvelous thing.
Born in a stable is Christ the King."

"Give Him my welcome!"
The Gaspar smiled,
"Come with us, mistress, to greet the Child."

"Oh, happily, happily would I fare,
Were my dusting through and I'd polished the stair."

Old Melchoir leaned on his saddle horn
"Then send but a gift to the small Newborn."

"Oh, gladly, gladly I'd send Him one,
Were the hearthstone swept and my weaving done.

"As soon as ever I've baked my bread,
I'll fetch Him a pillow for His head,
And a coverlet too," Befana said.

"When the rooms are aired and the linen dry,
I'll look at the Babe."
But the Three rode by.

She worked for a day and a night and a day,
Then, gifts in her hands, took up her way.
But she never could find where the Christ Child lay.

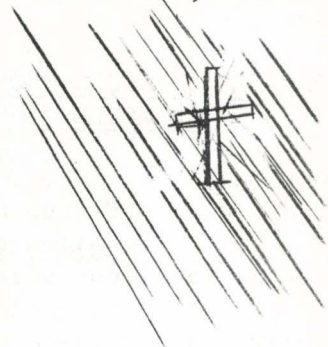
And still she wanders at Christmastide,
Houseless, whose house was all her pride,

Whose heart was tardy, whose gifts were late;
Wanders, and knocks at every gate,
Crying, "Good people, the bells begin!
Put off your toiling and let love in."

-Phyllis McGinley

BEST WISHES FOR CHRISTMAS AND THE NEW YEAR

from

THE LIBRARY

CHRISTMAS CAROLS FROM AROUND
THE WORLD

BELGIUM

There were once three kings who
followed a star--
Let us raise our voice and sing
and rejoice!
Their journey was long, for they
came afar.
Let us raise our voice and sing
and rejoice.
And let us hast'n on dancing feet
To Mary sweet!

CANADA

Where were you, O sister,
Where were you?
I was at the stable,
Just to take the air,
And I saw a wonder
That has happened there.

What'd you see, O sister,
What'd you see?
I saw in the manger
Oh, so sweet a child,
Lying in a cradle,
Wonderful and mild.

CZECHOSLOVAKIA

Sing Merrily this happy day.
Sing, brothers, sing this carol gay.
Gaily sing the truth adorning
That to us on Christmas morning
Christ was born.

FINLAND

Don't give us fame, O Lord above
Don't give us riches great
We beg for peace,
We long for love that stems from
heaven's gate.
Let Christmas be eternally
The symbol of a world set free.
Not fame, nor poe'r, nor worldly worth
But peace--on earth!

GERMANY

O come, little children, O come one and
all!
O come, to the cradle in Bethlehem's stall
Come, look in the manger! There sleeps on
the hay
An Infant so lovely, in light bright as
day.



HOLLAND

Rejoice, O Rose of Jericho
The Son of God will come to thee.
Thy heart will sing in jubilo
And heavenly felicity.

POLAND

Hushaby, Jesus, my heart's loving
treasure,
Hushaby, Baby, sweet beyond measure.
Hush, and Your mother will soothe all
your sorrow,
Baby will smile on us all of tomorrow.

PORTUGAL

Oh enter, enter, dear shepherds
And come through that sacred portal
To see the Little God Jesus
Who lies on straw though immortal.

For He has redeemed all of mankind
By coming down to this earth
And Bethlehem, blessed be its memory
Tonight saw the Saviour's birth.

ROMANIA

Oh, to hear the wondrous tiding
Come to us from Bethlehem;
He without beginning,
In the prophet's way
He was born today!

RUSSIA

Let us praise Thee
O God in the heavens
Let us worship our Lord of the earth
May His good servants never grow old
Let us sing praises for our Lord
Let us sing praises!

SWEDEN

All hail to thee
O blessed morn!
To tidings long by prophets borne
Hast thou fulfillment given
O sacred and immortal day
When unto earth, in glorious ray
Descends the grace of heaven
Singing, ringing,
Sounds are blending
Praises sending unto heaven
For the Saviour has been given.

PALMETTO STATE HOSPITAL

Sol B. McLendon, M. D.

Director of Professional Services and Medical Director

Leon M. Elam

Associate Editor

VOLUNTEER ORIENTATION COURSE

November 30, 1965

Twenty-seven persons completed our third Volunteer Service Orientation Program on October 20, 1965. They represented the junior choir from Greenview First Baptist Church, the senior choir from St. John Baptist Church, and one individual volunteer, retired Colonel R. H. Nance.

Several hospital personnel participated in the three, two hour sessioned orientation course. They represented the Medical Staff (Dr. Tarbox), Nursing Service, Social Service, Vocational Rehabilitation, Library Service, Chaplaincy, Psychology, and Music Therapy.

During our last session on October 20, 1965, Miss Lila M. Bradham, Field Representative, S. C. Mental Health Association, gave some very interesting remarks concerning the role of the Mental Health Association as it relates to that of Volunteer Service. Her comments generated numerous questions by the Volunteers.

Volunteer badges were given to each person who completed the course. A short social hour was held wherein questions were answered informally.

The group representing Greenview First Baptist Church was assigned to building #11. The group from St. John Baptist Church was assigned to building #4. Colonel Nance agreed to do some individual services in various wards throughout the hospital.

On Sunday, November 29, St. John's volunteer group had its initial program on ward #4. The group sang various selections, did individual recitations, and served refreshments to the patients. The patients as well as the group seemingly enjoyed themselves immensely.

OTHER REGULAR VOLUNTEER ACTIVITIES

The group that is assigned to building #7 has given regular monthly programs in its building. It has also supplied a number of magazines for its patients.

The group assigned to building #15 has given a number of regular programs on its ward. It donated curtains for the dayroom section of the building. The group has plans to secure a piano for the ward.

Building #13's volunteer group has made regular visits to its ward for the past year. It also donated curtains for the dayroom section of the building.

The volunteer program at the Palmetto State Hospital seemingly is expanding at a steady pace.

Thomas H. Davis, ACSW
Volunteer Services Coordinator

ANNUAL THANKSGIVING PLAY PRESENTED BY BUILDINGS 1-B, 1-C AND DAVIS
MONDAY, NOVEMBER 22-2:00 P. M. - FISHER AUDITORIUM

PROGRAM

Opening Song	----- Audience
Prayer	----- Chaplain C. L. Moore
Vocal Selection	----- Mincie S.

ACT I

Davis Building Having Its Morning Devotional Program.

ACT II

A Halloween Skit Presented By Building 1-B.

Buildings 1-B, 1-C and Davis at Work.

Musical Selection (Musical Therapist)	----- Mr. Henry L. Jones
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ACT III

Presenting Some Products That Have Been Grown in Different States.

Closing Song	-----Audience
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Closing Prayer	-----Mr. Leon M. Elam
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